



"The Best Remedies For Age Related Health Issues In Men"

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"The Cause Of Aging and What You Can Do About It"

The fountain of youth - such metaphorical piece of myth that alludes to immortality has been used over and over again on different forms of literature both in the past and in the present. Oftentimes, the fountain of youth's classification as myth is challenged from time to time with some expeditions or travels that claim to have finally found the fountain's location. Nonetheless, this recurring symbol of eternal youth in most forms of literature and art, verifies man's innate affinity with immortality.

In our contemporary setting, this longing for immortality is almost within mankind's grasp with the promise of better technologies and sciences in the near future. However, to completely grasp and understand the means of acquiring eternal life or a very long life span in the very least, one must first see the process behind our aging. This question kept many brilliant scientists hell-bent on searching for clues and theories that may answer such relentless query.

Through the course of these scientific explorations on the realm of human aging, scientists were able to come up with a term that refers to the human aging process - senescence. This term refers to a degeneration implication that manifests itself as people get old. Senescence is believed to be the result of a biochemical deregulation that is a natural component of life.

However, the effects of senescence vary among different species. Take for example a bat and a rodent, both of them are classified as mammals and both are of the same size, but a bat generally lives longer than a rodent for the former can live up to 30 years while the latter usually have a life span of only two to three years. However, some animal species such as rockfish, turtles, and lobsters display a certain trait known as the negligible senescence. This trait enables these specific animal species to live through a longer period of time compared to other species. Some of these species can even live for an unbelievable span of 200 years.

Findings through extensive studies that were carried out by various scientists imply that this peculiar trait is a result of evolutionary and genetic factors that rule over these animals' life longevity. However, scientists still find it hard to assimilate this kind of trait to humans and the reason behind it is fairly simple: we humans live under a completely different environment compared to those animals that possess the negligible senescence trait.

The best that we humans can do for now is to first determine the various factors that fuel the process of aging and to address these factors accordingly. One of the most obvious reasons or factors behind aging is stress. In a nutshell, the dynamics of stress simply say that constant beatings and punishments that our bodies take from everyday tasks lead to hormone disturbance which can ultimately lead to cell damage.

Furthermore, the degeneration of the hypothalamus, a gland that resides in your head, is also one of the determining factors of aging. The hypothalamus is solely responsible for setting the "traffic" of various hormones to other glands. Through the course of time, the hypothalamus becomes weary and tends to be inaccurate in releasing proper amounts of hormone to other glands in the human body. This leads to imbalanced hormone levels which cause damage to tissues.

External factors brought about by the environment are also some of the very viable reasons behind the aging process. Environmental harms such as pollution, radiation, contaminants coupled with self induced stress, and poor nutrition inflict damage on human cells. Significant damage is instantly inflicted upon these cells once they are exposed to such harmful external factors. Cells play a very substantial role on the process of aging because they contain valuable information for the human body's development. Whenever a cell reproduces or divides itself, it makes sure that the new cell is of the same level with the previous cell that it originated from. If that previous cell received any slightest form of damaged from the previously mentioned factors, it will then spawn new cells that possess slightly deformed information sets. This will then start a trend of degenerated cells which leads to what is commonly known as the aging process.

Among these scientific theories that deal with the process of aging the Free Radical Theory tends to be the most popular among contemporary American health buffs. This theory suggests that extremely reactive chemicals, which the term free radicals refer to, are responsible for inflicting damage to the human body's tissues. In general, however, these free radicals are not completely bad for the human body for they also serve numerous purposes for the body's development. But what is damaging to the human body, especially to the tissues, is the free radicals' ability to reproduce itself in excessive amounts. Free radicals are endowed with an extra electron which makes them more capable of stealing electrons from other molecules which they tend to do frequently. This act subsequently leads to a very dangerous cycle that can burnout the cells from constantly repairing damaged molecules.

With these various theories that try to decipher the process of aging, certain medical solutions are also devised to combat the inevitable aging ritual. The most common among these medical solutions are taking vitamin C and vitamin E supplements to combat stress and to balance out the damage induced by free radicals in the body. Another effective method is to lessen your average intake of junk foods and substituting it with healthier food choices such as fruits and vegetables.

One means to combat the toll of aging today is through the consumption of high quality HGH or Human Growth Hormone precursors. The better branded HGH supplements like, [GenF20™ Plus](#), can help to increase energy levels that can make you a lot more productive by enabling you to perform more tasks efficiently. This supplement can also help to lower cholesterol plus help to improve brain, vision, and immune function.

These are only some of the capabilities of HGH supplements in controlling the aging process, but nonetheless the [GenF20™ Plus](#) supplement is, by far, the most advanced dietary supplement that can help with the process of aging. These advances that were made in the light of combating factors that leads to premature aging, can truly give reaffirmation in believing that the fountain of youth that every man longs for is truly within reach.

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"Scientific Evidence Reveals "Fountain of Youth" Formula"

Scientists have targeted a very powerful hormone responsible for human growth and cell regeneration that, once harnessed, has all the properties of a bona fide "fountain of youth."

It's known as "Human Growth Hormone" and it's an extremely important part of our body's functioning at the cellular level.

In fact, not only does HGH promote the growth and regeneration of cells; it also allows other vital functions in our bodies to occur, including...

- Metabolism
- Brain function
- Sexual responses
- Healing
- Muscle growth

... and more.

However, as we age we experience a drop in HGH levels. All the normal results of aging occur in direct correlation to this drop in HGH.

For years, we've simply assumed that this is a natural part of the aging process. **And we assumed there was nothing we could do about it.**

But after a great deal of scientific research and clinical trials, we now know: **We were wrong!**

The Benefits of HGH

In study after study, the benefits of HGH are clear - and they are *impressive*.

HGH has been proven to have far-reaching effects, including all of the following:

- Wrinkle disappearance
- Improved overall life outlook
- **Exercise tolerance**
- New hair growth
- Healing capacity
- Skin elasticity
- Back flexibility
- Muscle size
- **Body fat loss**
- **Sexual function, sexual potency/frequency**
- Improved cognition and memory
- **Stabilize your moods**
- Lower your blood pressure

... And more!

But How Does It Work?

In simplified terms, HGH is basically like sipping from a fountain of youth. When HGH levels are increased in your body, you literally turn back the clock to rediscover a more youthful you.

For example, here are a few of the benefits of HGH, with a quick explanation of HOW this little hormone can have such dramatic effects:

- **Weight loss**

HGH can help you lose weight easily, and here's why: When you increase the levels of HGH in your body, you increase your metabolism (or metabolic rate). This means your body can process nutrients faster and more efficiently, which leads to rapid - and effortless - weight loss.

- **Improved memory**

HGH can also help to improve your failing memory by rejuvenating the cells in your brain. With increased cellular health, your cognitive function (awareness, thinking, and memory) are improved.

- **Increased skin elasticity**

The cell-regenerating properties of HGH mean that time can literally be turned back, reducing those fine lines and wrinkles and giving your skin the elasticity and healthy glow of your youth.

- **Increased sex drive**

One of the biggest benefits of HGH is that it can directly impact your waning sex drive. As we age, our libido naturally drops - for some people, severely. There are a number of factors that cause this, including hormones, skin sensitivity, blood pressure, and more.

HGH improves all the key functions required to regain a vigorous, healthy sex life.

The many benefits of HGH are astounding. Treatment, however, is a little tricky. Let's have a look at some of the treatment options for HGH.

Treatment Options for HGH Therapy

Traditionally, patients in need of Human Growth Hormone treatments had to subject themselves to a course of multiple injections of HGH from the pituitary glands of cadavers.

While this treatment option was effective (if somewhat ghoulish), there were **two major drawbacks**:

1. The benefits of HGH injections were only temporary, so the injection therapy had to be repeated over and over.
2. The treatment was very expensive - adding up to **tens of thousands of dollars per year**.

For the average person suffering the ravages of aging, this form of treatment simply wasn't an option.

Another option that became available was to orally ingest human growth hormone. However, the molecular size of HGH and its incompatibility with the digestive system means that **taking HGH by mouth simply doesn't work**.

But a recent scientific breakthrough has made HGH accessible to everyone. The new method of treatment is *not* actually using human growth hormone itself.

Instead, it's a complex blend of proteins, amino acids, herbs, and other nutrients specially formulated to help stimulate your body to produce its own HGH.

The formula targets the anterior pituitary gland, causing it to produce and secrete more HGH into your body. The result is that your body's systems begin to improve and function like that of a much younger person.

To find out more about how you can stimulate the production of HGH in your body and combat wrinkles, muscle loss, weight gain, and a lagging libido today, check out [GenF20 Plus HGH supplements here](#).

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"How HGH Supplements Work"

Human growth hormone, also called somatotropin, is a protein hormone of 190 amino acids (building blocks of protein) that is created and secreted by the anterior pituitary gland. It has two types of effects, both of which are highly beneficial to the vital, active human body.

One main type of action of the HGH is its direct effects on other kinds of cells. The growth hormone binds to its receptor on target cells, then creates some particular action. Fat cells, for example, are the target cells of HGH, so they have growth hormone receptors. Once bonded there, the growth hormone causes them to break down triglyceride and suppresses their ability to take up and accumulate circulating lipids -- in other words, fat storage is prevented!

HGH also acts to create other indirect effects in the body by causing secretion of IGF-1, an insulin-like growth factor hormone. IGF-1 is secreted from the liver and other tissues in response to growth hormone. This is the action that governs mostly growth-related effects of HGH.

This same effect is also the power behind muscle growth. It stimulates both the differentiation and proliferation of muscle cells, stimulates amino acid uptake and synthesizes protein in muscle and other tissues. This is where HGH's ability to influence overall muscle and skin tone comes from.

Growth hormone has important effects on:

- **Protein metabolism:**
HGH causes increased amino acid uptake, increased protein synthesis and decreased oxidation of proteins.
- **Fat metabolism:**
HGH enhances the utilization of fat -- gives your body the ability to break down fat cells more efficiently.
- **Carbohydrate metabolism:**
HGH is one of several hormones that maintain blood sugar within a normal range.

Because of the abilities of HGH mentioned above, you can soon see that without it, muscle tone declines, fat stubbornly sits in the body and resists metabolism, and hair, skin and nails (all composed of proteins) deteriorate. In fact, scientists now believe that HGH has a role in most healthy functions of the body, including sexual function, proper operation of stomach and bowels, liver, and all glandular systems.

Whether HGH is directly interacting with certain cells, or playing its key part in the correct function of other bodily systems, it's essential throughout the body for youthful vigor and health.

Problem is, HGH augmentation has traditionally been a benefit reserved for the super-rich: until now, only injections of HGH could have an effect in the body, and at a cost of thousands of dollars per treatment.

More recently, pharmaceutical companies and natural supplement companies have fine-tuned the science of HGH stimulation in the body by means of a Growth Hormone releaser. That is, by natural means, the body can be stimulated to produce and release its own HGH, increasing levels to those of a youthful, vital person.

One such supplement is [GenF20™ Plus](#), a supplement from a quality manufacturer. Their product works by using a formula to trigger and stimulate the pituitary gland to produce and secrete more HGH itself. The HGH goes into your body just as nature intended, in other words, through the glandular system -- just as it did when you were in your 20s. You see, it is not possible to just make an HGH supplement that would enter the bloodstream by other means than injection, because the HGH molecule is too large to pass through the walls of the digestive system, for instance. But with a "releaser" or

stimulator product, your body does the HGH producing itself.

Once stimulated by the supplement, HGH goes to work in the body delivering all the benefits detailed above. If there's a fountain of youth, this is it, say doctors who've reviewed the product. Why not go to [GenF20 Plus Review](#) and see for yourself.

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"How You Can Benefit From HGH Supplements "

In medical terminology, Human Growth Hormone (HGH) is basically a protein hormone discharged by the pituitary gland that primarily stimulates cell and growth reproduction inside our bodies. Originally, growth hormones are extracted from healthy, deceased individuals' pituitary glands so as to be transferred to growth deficient children. Today, GH is produced artificially and given to adults and children alike for different health-related purposes.

Recent studies show that HGH treatment intended for aging adults is scientifically proven to enhance strength, give more energy, and improve human bone density. This hormone treatment for acute adult deficiency is basically prescribed on a daily injection basis. It is one of the effective anti-aging treatments that are highly prescribed to most aging adults.

Aside from injection treatments, supplementary products that can help to boost your own HGH production are also widely available in the market today. These supplements contain chemical precursors of HGH that help to allow your body to produce more of it. Such precursors are mainly proteins and amino acids that enable your pituitary gland to produce HGH. HGH supplements appeal more to most aging adults since these products are less expensive and can in some cases be as equally effective as injection treatments. One such HGH supplement is [GenF20™](#).

HGH supplements are very popular among aging adults mainly because of the promising benefits they feature. These benefits cover most the things every aging adult wants to see in a healthy and young physique. One of the notable benefits of HGH is having a low level of body fat. If you agree to HGH injections or if you regularly take HGH supplements such as [GenF20™](#), you will then likely see a reduction in body fats. Studies show that aging men and women who are taking HGH supplements can attain more than 10 percent reduction of body fats. As such, even medical experts claim that daily intake of HGH supplements can be better than dieting when compared to diets which do not alter the hormonal system of our bodies.

Wrinkles and fine lines are among the major signs of maturity. Aging individuals, particularly women, are adhering to the services of cosmetic surgery clinics in order to keep their faces free from fine lines and wrinkles. With HGH supplements, surgeries may longer necessary because HGH therapies can effectively help improve aging adults' facial skin tone. These supplements have the ability to help energize protein synthesis, thus, aid with producing more elastin and collagen that help lessen the effects of facial wrinkling.

Meanwhile, greying and thinning of the hair are some of the common signs of aging among elderly men and women. As we grow older, our hair eventually turns grey and some even turn bald. Fortunately, HGH therapies are known to help stimulate hair growth on balding adults as well as help maintain hair color. Continuous intake of HGH supplements can definitely make aging adults' hair look healthier and livelier.

Another known benefit of HGH treatments is that they help build lean muscle mass in aging males. Studies show that HGH treatments and supplements greatly affect the muscle mass of males who are over 50 years of age. With this, aging males can look younger and healthier.

On the other hand, HGH treatments and supplements are also well-acclaimed for their ability to help normalize blood pressure. HGH supplements can help to effectively provide aging adults a feeling of security and calmness. These supplements can also help to lessen anxiety and stress, which are very common problems among mature people. When we are free from pressure and anxiety, our blood pressure normalizes, thus, avoiding health problems that are related to stress.

As we grow older, our sexual drive or capacity tends to change or deviate as well. Unlike young adults, aging individuals' sexual vigor is less active as they slowly lose enthusiasm for sex. This is not, however, very comforting for some, especially the males. As answer to this dilemma, medical studies reveal that HGH supplements can significantly help improve elderly mens sexual stamina and function. Aside from increasing males' sexual drive, regular intake of HGH supplements can also enhance aging adults' mental alertness and vitality.

Furthermore, HGH treatments and supplements are also noted for their capacity to help produce High-Density Lipoprotein (LDL) that reduces the risk of stroke and heart attack. Since heart attacks are very common among aging men and women due to high cholesterol levels inside their bodies, they can aid in helping to avoid instances of heart attacks if they take regular dosages of HGH supplements.

In addition to the superb benefits brought by HGH treatments and supplements, moody, aging individuals who have sleeping difficulties can experience improvements on these problems once they take HGH supplements or undergo HGH treatments. According to studies, we tend to become more moody as we get older. Our brain capacities and functions also decline as we reach the prime age. Also, older people often experience sleeping problems, thus, resulting to stress and anxiety. Adults who have low HGH in their bodies are usually the ones who have limp physique as well as those who are always depressed, insecure, and tired. By taking HGH supplements or by adhering to HGH treatments, elderly men and women's mood swings are bound to lessen and their sleeping rituals are sure to improve.

Finally, HGH supplements and treatments are scientifically proven to help improve our vision, immune, and brain functions. It is, therefore, very important for elderly folks to take HGH therapies for they are the ones experiencing lapses on these bodily conditions. Many studies show that injection treatments of HGH can significantly improve damaged brain neurons of aging adults. As for vision, elderly men and women can have better eyesight if they have high levels of HGH in their bodies. Since our eyes turn less flexible as we get older, HGH supplements and treatments are necessary to help maintain the condition of our sight. Also, HGH is acclaimed to help repair damage DNA in our bodies as it builds a more stable immune system. When damaged DNAs are not repaired, other body cells will also deteriorate, thus, resulting to a weakened immunity among aging adults.

[Check out this special review of GenF20 Plus HGH pills now](#)

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"How Aging Affects Your Sex Drive Or Libido And What You Can Do About It"

For most people, aging is a mysterious human biological process. The process, just like any other scientifically proven development, is really far from being unexplainable. In fact, aging involves many theories and explanations on how this natural phenomenon happens to all human beings. Almost all scientific explanations for aging are based on the observations of objects around us. The process is basically attributed to the principle that an individual, just like any animal and non-living, complex engines, tends to deteriorate or age as years pass by. Aging among humans have two types- the biological and chronological processes.

According to experts, chronological aging pertains to the years you have been living while biological aging shows how much your body changes as compared to how you were from the past years as well as to other people who are of the same age as you. Since the biological process is what matters most in aging, you can now have more control over your health as it is now possible to prolong or slow down biological maturity by simply adhering to the currently available medical breakthroughs that can stop the aging process.

Theories in Aging

Theories and medical studies related to aging are exhaustively expounded so as to help people understand the principles of the process. One of the basic theories that explain why we change as we age is the genetic explanation. Early scientists claim that our biological aging processes are coded in our genes. The theory clearly explains that environmental factors can further affect our aging periods for pollutants can eventually degrade cell formations in our body. The flaw in this theory, however, is seen on the fact that since aging is basically mapped on our genes, we cannot do anything about it. As there are numerous legal and safe ways to keep our bodies healthy and younger looking, the theory is generally disregarded by today's medical experts.

Meanwhile, stress is another prime factor that can affect the aging process. Known as the most complex theory on aging, stress apparently affects the growth and aging glands inside our bodies, particularly the hypothalamus. The hypothalamus is considered the "Boss of all Glands" since it controls the hormonal release processes of all other glands in the body. When we experience too much stress, this gland will become less accurate, thus, leading to imbalanced hormonal level within our bodies and resulting to more damaged tissues.

Moreover, the free radical theory is probably the most widely accepted explanation on aging. Free radicals, or loose highly reactive body chemicals, are basically proven to be the main cause of tissue damage when over-exposed with these chemicals. While free radicals have a number of usages in the body, too much of these bodily chemicals can damage our cells and tissues.

Free radicals have adverse effects inside the body for these chemicals are highly reactive. These chemicals contain extra electrons that enable them to absorb electrons of other molecules. As the free radicals repeatedly do this, they eventually wear out the cells in our bodies as well as create new chemicals on the process. As the cells in our bodies wear out, we then experience the early signs of aging.

Effects of Aging on Sex

As explained earlier, we experience many changes as we age and these changes can be both psychological and physical. Unfortunately, our sexual vigor is among the things that inevitably changes as we get older. During our young age, we have a lot of energy for this activity, thus, enjoying its benefits and gaining experiences from it. But as we age, we tend to lose

interest or have less energy for sex.

Hormonal changes are considered normal signs of aging. These changes, however, can significantly affect the levels of our sexual drive. As for men, testosterone production decreases due to aging and health conditions. The same goes for aging women since studies show that most females who are on the prime of their age no longer have the strong sexual vigor they once have when they are still young.

On the other hand, physical changes are not the only factor that can affect the sexuality of aging adults. The changes in our surroundings and environment can also alter the impact of sex on aging individuals. The values and concepts of sex invariably change during the various stages of our lives. If you are already in your fifties or sixties, you will see that the sexual beliefs and values of your time are very different as compared to the experiences and principles of the younger generation. Hence, physical changes and social influences can essentially affect the sexual drive of every aging individual.

How to Maintain Sexual Drive

The most effective way to improve and maintain your sexual ardor as you age is to have sex regularly. Just like in keeping your body fit and sound, regular and satisfying sexual performance can really train your body to respond well to sex. If you're having a little trouble in the love department, try some a good HGH supplement like [GenF20 Plus](#). This wonderful supplement can aid in helping to restore your HGH to youthful levels and not only can it help give you more energy, but it can also help to boost your sex drive.

Learning the psychology of sex can also help you and your partner have a normal and satisfying sexual relationship. As an aging adult, you need to consider various factors that can affect you and your partner's sexual activities. These considerations include proper medications, stable medical conditions, adequate foreplay, and appropriate positions. When these factors are seriously considered by aging adults who are experiencing problems with sex, they will definitely experience improvements on their sexual activities and relationships.

Overall, aging is indeed one of the components of life that we cannot prevent from happening. Although it is an inevitable process, aging is still a wonderful natural way of life that reminds us that we are alive and by far gained a lot of experiences from our existence. Although aging can be prolonged and even prevented, we will, one way or the other, still invariably experience the effects of aging, particularly in sex. To get passed this stage is as easy as exercising daily to maintain a healthy body. Engaging in a regular sexual activity will surely help your body maintain its sexual vigor even as you age.

[Check out this special review of GenF20 Plus HGH pills now](#)

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"The Best Remedies For Treating Erectile Dysfunction"

Defined as the inability to maintain or sustain an erection, Erectile Dysfunction, or ED, may be just temporary or the symptom of something greater. Either way, with so many different ways today to cure the problem there is no longer any need to ignore it, hoping it will go away. The real danger erectile dysfunction poses is to a man's quality of life, affecting his self-esteem and relationships with family, friends, co-workers, and especially sexual partners.

Erectile dysfunction affects most men at one time or another in their life and the chance of occurrence only grows with age. A 1999 survey conducted by the National Ambulatory Medical Care Survey (NAMCS) reported that 22 out of every 1000 men sought help for ED. That's 2% of the population! And almost 50% of men between the ages of 40 and 70 experience difficulties getting or maintaining an erection.

The first important factor is determining if the dysfunction is caused by physical or emotional issues. The only way to test if the problem is physical or psychological is by excluding physical diseases that may be at fault.

The majority of long-term erection difficulties are caused by some sort of physical ailment. The most common are vascular disease, which is the hardening of arteries, certain kinds of prescription drugs, and fatigue. These are just a few examples though in a long list. In these cases, blood is unable to surge or remain in the penis.

While approximately 70% of ED cases are physiological, the other 30% are caused by psychological factors. These factors include, but are not limited to, stress, depression and loss of self-worth. This sort of dysfunction starts with the brain.

The difficulty may be either long-lasting or temporary. Either way, it's an embarrassing problem that can be easily avoided in the future. There are many different methods to cure erectile dysfunction, both medical and non-medical. It's important to remember that any sort of treatment should be used in conjunction with a healthy lifestyle. Drugs, alcohol and smoking play a part in ED.

Medication prescribed by a doctor is common, either oral or injected directly into the penis. Medications like Viagra have helped thousands of men across the country, but also have adverse side effects including nausea and dizziness and are incompatible with certain medications. They must be taken about an hour before sex is possible. Surgery is another method, but is expensive with a long recuperation period. Surgery involves prosthetic implants, or a pump inserted into the genital area that the male would have to pump before sexual intercourse.

Therapy, penis pumps, and herbal supplements are three non-medical methods of curing ED. Therapy, with a registered sex therapist or other mental health professional, is quite effective in cases of psychological-caused ED, but not in physical cases. Therapy tends to be a long process, and some men are embarrassed to talk at length about their sexual problems. Penis pumps are used by inserting the penis into a tube and using a pump until erection is achieved, at which point a ring is rolled onto the base of the penis to keep the erection hard. It works, but the pump must be used each time before intercourse and doesn't address the real problem, only acting as a temporary fix.

A safe and easy method is herbal supplements, like [VigRX Plus™](#). These supplements are made from organically-produced plants chosen for their aphrodisiacal that have been used for hundreds of years in different parts of the world. Herbal supplements are completely free of side effects and deliver quick results. The user can stop the treatment at any time with no adverse effects. Herbal supplements not only address the physical, but the psychological factors as well, as it increases libido.

It is important to talk to your doctor before undergoing any sort of treatment.

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"How To Get Harder Erections And A Higher Libido"

Have you ever wanted sex to last longer than you could go? If you answered yes, then you are probably among men who encounter the same problem in bed.

Indeed, the inability to last longer is something that many men regard as their biggest sexual problems. While most may view erection as dependent on sex drive, this is not always the case- sometimes the drive is present but the penis just does not cooperate. A decrease in sex drive and a not-so-firm erection can be caused by several factors.

First on the list and the most popular among the biological problems of a man is a low libido. Libido is considered the sex drive of the body and is primarily influenced by the brain, which, in turn, dictates what the body does. Generally speaking, the conditions of the libido are dependent on the four sexual stimuli distinguished by doctors:

- visual stimulus, which depends on the physical appearance
- tactile stimulus, which depends on touch- particularly in the sensitive areas like the nipples and penis
- auditory stimulus, which is the main reason behind the success of phone sex
- olfactory stimulus such as titillating perfume scents

When a man's libido rises, according to the aforementioned stimuli, the sex drive correspondingly follows and increases.

Another biological cause of erection problem is premature ejaculation, wherein the man comes too soon even though his partner has not reached an orgasmic state yet. This situation usually results in sexual dissatisfaction and frustration, which eventually causes break-ups among some sexually active relationships. Of course, this situation does not naturally happen without reasons. Premature ejaculation is commonly brought about by the excitement. His excitement causes him to ejaculate quickly because even before he begins penetrating his penis, his sexual fantasies stimulate his sex drive. Premature ejaculation can also be caused by sexual taboos. In some cultures, sex is prohibited so men are forced to ejaculate quickly. More commonly in North America, ejaculating too soon can be the result of frequent masturbation or anxieties.

Sex drive and erection problems can also be influenced by erectile dysfunction or what doctors call weak erection, wherein the penis is often flaccid and is always unable to attain erection. Unknown to many men, erectile dysfunction is not only manifested in not having an erection in the first stages of the sexual experience. Conditions wherein the man is able of erection but does not sustain until his partner reaches orgasm can also be counted as instances of erectile dysfunction. Because of the extent of such sexual problem, it is not surprising that this particular erection dilemma is rampant among men nowadays.

Fortunately, today, lots of supplements and methods are produced to revitalize men and improve their sexual performance. Compared to penis pumps and other penis enhancement devices, doctors recommend more supplements and pills that are helpful in any erection problem. Usually, these supplements are rich in natural ingredients such as Saw Palmetto Berry, Extract, Asian Red Ginseng, and others---all of which smoothen blood circulation, increase stamina, and produce more energy hormones.

Experts combine these natural ingredients in just one capsule to produce a supplement that contains the necessary factors to help a man become stronger and long-lasting in bed, naturally. Pills like [VigRX Plus™](#) can relieve men of their erection problems, given that they keep to their intake schedule. These supplements typically have ingredients such as Epimedium Leaf Extract, Icariin, and Cuscuta Seed, all of which help enhance the libido, promote erectile function, and treat premature ejaculation.

If the customer is lucky enough, he can also take advantage of the benefits of other contents in penis enhancement pills, including blood flow increase, revitalized performance in bed, and other aphrodisiacal effects. According to Dr. Khalid

Alzwhereh, the herbs contained by such supplements have the ability to help balance the cardiovascular and the nervous systems, which are the main parts that keep the body healthy.

The results of natural sexual enhancement pills like [VigRX Plus™](#) are not without proof. Users of such supplements and even doctors have been sending in testimonies and [great reviews](#) about these products, deeming them as the kind of solution that people were looking for. Even professional endorsers have experienced positive changes, not only in their sexual lives, but also in their relationships with other people. Luke Adams, for instance, has achieved a longer-lasting and much firmer erection with his frequent use of this pill. His libido also increased and so did the duration and volume of his ejaculation.

With these claims, modern pills and supplements really must work to increase sex drive and get harder erections for men. By just adhering to the regular consumption of penis enhancement pills like [VigRX Plus™](#), men do not need to experiment on tools like penis pump or undergo a surgery to increase their libido and achieve hard erections. Instead, they can simply go for the safer, less-hassle method.

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***NOTE* : [Download the ebook "Ultimate Sexual Health Guide For Men" Here ==>](#)**



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"Causes And Remedies For Hair Loss In Men"

Hair loss is one of the body changes that most people fear of. Just like menopause, hair loss can easily divulge a person's age. But unlike menopause, which can be kept from everyone but yourself, hair loss can be detected or seen by almost everybody. At about the age of 35, the effect of hair loss can already be seen in men -- either their hair line recedes or a "dome" begins to appear at the back of their hair; some even experience both.

It is a known fact that 65% of all men are suffering from the effects of hair loss and a majority of them have Male Pattern Baldness. Women, on the other hand, are affected by hair loss in a different way. Starting at the age of 30, their hair gradually thins out. By the age of 50 or shortly after their menopausal stage, the scalp becomes more noticeable because of lessened hair strands all over the head.

Different factors may cause hair loss. Aging and genetics are only a few. But in men, basically, it is caused by dehydrotestosterone hormone, or DHT. This hormone's chief purpose is to develop the traits of men such as deep voice, larger muscles, and mustache. However, it also develops Male Pattern Baldness. What this hormone does is it accumulates and develops in the DHT receptors found around the follicles of hair. As the hormone has established itself, it will eventually kill the hair as well as the follicle, making it hopeless for hair to grow back. DHT production in women is as not as high as in men, hence, women do not suffer from the same radical hair loss as men do.

DHT increases as men age, killing more and more of the hair follicles. Excess production of DHT can lead to baldness. Although every person has this hormone, there are some who only produce enough amount of DHT. Fortunately, they are the ones not suffering from extreme hair loss.

Other factors for hair loss in both men and women are:

1. Disease or illness - Losing hair could be a sign of being unhealthy. Illnesses such as systemic lupus erythematosus and syphilis, or thyroid disorder show hair loss as a symptom. Chronic kidney dysfunction may also cause lots of hair to fall as it makes them unhealthy, dry, and breakable.
2. Side effects of medications - Drugs that contain lithium, beta-blockers, warfarin, heparin, amphetamines, and levodopa (Atamet, Larodopa, Sinemet) can cause numerous hair to fall off. In addition, some medications being used in treating cancer like doxorubicin can cause rapid but temporary hair loss.
3. Hormones - Different kinds of hormones compromise the human system and an imbalanced production of those could affect the normal growth of hair. An example of this is women's menstrual cycle. Hormonal changes take place in the ovulation period that could cause some hair to lose, so as thyroid and pituitary disorders.
4. Zinc deficiency - Along with diarrhea and eczema, hair loss appears to be a symptom if one has inadequate intake or if the body poorly absorbs zinc.
5. Hair abuses - Too much treatments to hair such as coloring, perming, bleaching, corn rows, and usage of curling irons can wear out and eventually kill the hair. Even excessive use of comb and strong shampoo products can add up to hair loss. Combing the hair for about a hundred times will not really make it healthy; rather, it will lessen the strength of the hair and make it brittle. Shampoos' strong chemicals, on the other hand, can dry the hair up.
6. Giving birth - About a month after a woman gives birth, some of her hair strands have the tendency to fall off easily. Hair strands that fall off are usually from one portion of the head, leaving moon crater-like hair. The falling off of hair in this instance actually does not lead to baldness and it is not permanent, though the recovery period will take up to a year.

These and some other factors cause hair loss. There may be a lot, but the good thing is, there are also quite a lot with regard to medical options of treating this condition. Medicating hair loss can be done by undergoing surgical treatments like scalp grafting, taking oral medications like finasteride pills, or using topical applications such as [ProFollica](#).

Each treatment is different in approaches, processes, requirements, and applications. For example, hair loss surgery is a proven effective method and so are pills. But both can only be applied to and taken by men. The surgery is usually recommendable to severe cases of hair loss, while pills like finasteride can cause harmful effects to women.

Perhaps, the most convenient way to address hair loss treatment, for both men and women, is through applying topical products. This kind of remedy, like [ProFollica](#), usually comes in a system. This system has natural ingredients, which make it safe for anyone's usage with hair loss condition. It is up to the person and to the doctor, if he is to consult one, what treatment he'll rather or willingly try.

Old beliefs, such as cap wearing bringing about hair loss or combing the hair more than one hundred times will make it healthier, have long been proven untrue. With some tips and causes given above, indeed, knowing the right causes will make one smart on choosing the right solutions.

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"How To Put A Stop To Hair Loss And Look Years Younger With A Natural Hair Loss Product"

No matter what you constantly tell yourself, the truth is that hair loss is an embarrassing medical problem. Balding does not look sophisticated or experienced, and it is a sad fact that lack of hair is often one of the first things that people will notice when they meet you. This is exactly why so many men are desperate to find a hair loss solution that works, and end up paying thousands of dollars for surgery or hormone replacement or turn to products full of harmful chemicals.

But what can you possibly do? Is there a natural way to prevent hair loss and inspire your hair to re-grow?

The answer is absolutely, thanks to the [Profollica](#) anti-hair loss system.

If you are tired of looking older than you really are, hiding your hair (or lack of it) under a cap, and worrying about what others are saying about you behind your back, then this is the natural solution that you have been desperately searching for.

New breakthroughs in hair loss research have determined that the existence of DHT within the body and the scalp is one of the main causes for male pattern baldness. Thankfully, [Profollica](#) was designed, created, and manufactured in order to combat this problem in an affordable and completely safe manner.

Before this hair loss system was invented, the only options that men like you had when it came to trying to get their hair back either required a prescription or forced you to empty out your entire bank account. No longer do either one of those drawbacks have to be an issue for men who are seeking a fuller, thicker head of hair. Toss out the products filled with harmful chemicals, cancel your time consuming and embarrassing doctor's appointment, and don't even think about dangerous and expensive surgeries.

Preventing hair loss and trying to re-grow your hair has never been easier, safe, or more affordable. With absolutely zero side effects, which is far more than most other competing products can say, it is next to impossible to find a reason why you shouldn't give this product a try for yourself.

What makes this hair loss system even more appealing than it already is, is the fact that it is designed to ensure that it is the only hair loss product that you ever have to purchase or use again. It is perfect for continuous use and can be safely used for years for permanent results that are sure to take your breath away.

As if that wasn't already more than enough, this product is one of the only hair loss products that comes with a full, no hassle 60 day money back guarantee. That means that if you do not see the results you were hoping for within a month and a half, all you have to do is ship the products back and get a full refund.

It's beginning to become very easy to understand why [Profollica](#) has captured the attention of men all over the world, and become one of the most popular hair loss solutions today.

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"How To Safely & Effectively Reduce Excess Body Fat"

Everyone by now has heard of the BMI, or Body Mass Index that is being utilized to gage the amount of body fat that you have and to give a range of what is healthy for you. Basically the BMI is a measurement of body weight that is based on your own weight and height. It doesn't really actually measure the percentage of your body fat that you have, it is used as a guideline to estimate what your body weight should be based on your height. It has now become a very widely used and accepted practice to identify whether a person is overweight, or even underweight. It is nothing new — having been invented in the mid 1800's but it has become increasingly popular along with the wide range of health and diet aids that have hit the market over the last few decades.

There are lots of quick and easy online tools to access your own personal BMI, but basically it is a calculation of your current weight against your height. A 'normal' range of BMI is estimated to be between 18.5 and 24.9. A survey conducted in 1994 indicated that over 59% of American men and 49% of American women were over 25%. A 2007 survey now states that 63% of people are now over 25%. That is a startling statistic and certainly one that indicates that losing weight is more critical than ever as that trend needs to be reduced.

Scoring a BMI that is over 30 indicates that you are on the wrong track and that losing weight should be a primary focus to regain your health. But sometimes it can be daunting on where you can go to start to lose that weight and reduce your BMI. But luckily for you there have been teams of researchers and doctors who have been doing the homework for you and have now formulated a weight loss system that not only works, but is also comprised of 100% natural ingredients.

The [ProShapeRX](#) weight loss system will help you not only lose weight but also reduce your body fat. You will start to notice immediate results even after only seven days. You will start to lose your cravings and the hunger pangs will soon be a thing of the past. Once you lose those two main deterrents to sticking to a healthier way of eating, your body fat will start to decrease significantly. Your BMI will start to decrease and that will help reduce other health factors associated with being overweight.

Just think of plugging your new weight into the BMI calculator and watching as you become closer to that goal number of 25. With this fat loss and weight loss system, you will find it easier to stick to your goals and soon you will be at your ideal weight and your ideal BMI in no time. The [ProShapeRX](#) system is guaranteed to give you the results you need or your money back. In fact, for a limited time, you can have a free 30 day trial to get you started. So what do you have to lose except that excess weight? Order your free trial today and get started on that optimum BMI goal!

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"Sick of Dieting? Try A New Healthy Approach To Loosing Weight "

So many people these days struggle with the fact that they are unable to realize the level of weight loss they are looking for. They have tried what they believe is everything possible and still they are not finding the results they know they need to be happy. Many times, this is due to the fact that they have been given such a barrage of advice, tips and tactics that it becomes quite hard to discern the true course to weight loss from the huge number of pie in the sky ideas that might work for one person but will not work for another person. This is not their fault, because as long as they maintain focus on their goal then they continue to deserve to achieve it. The trick is, finding the right solution that is going to work for the individual and in order to do that, we have got to take a look at the lowest common denominator.

First, it is helpful to know that in the western world there are very few people who are getting the level of something crucial you have probably heard about: Omega 3 fatty acid. Ironically enough, this is a crucial component in the body's proper function that affect a huge number of different areas of our health and therefore our body's ability to do all the things it is capable of doing to help us lose weight naturally. When we do not have our body fine tuned then we are not going to be able to move very efficiently.

[Omega Daily](#) is a blend that can help reduce the pain of joint movement that so many of us experience today and by doing that one thing alone, the product will be able to expand our capacity for exercise. When we do this, along with the boost to our metabolism that this supplement provides us with, we raise our ability to burn calories. This is, in essence the very core of weight loss - building the right amount of muscle.

When we have a body that is functioning at a peak level, it is going to burn fat without us having to struggle. This is because the muscle mass we have built up will feed on the calories and fat in the foods we eat long before it has a chance to settle around our stomach, buttocks or other unsightly areas of the body. This is why most diets will quit working the moment any sort of interruption knocks us out of the dietary pattern.

With a supplement such as [Omega Daily](#), it is much easier to stay on track and get our weight where we want it to be without sacrificing our quality of life in the mean time and without the need for either a massive dietary shift or a huge increase in our exercise. It is no surprise that this Miracle from the Sea helps us flow better and be in better harmony with our own inner systems that nature provides us with. By leveraging this kind of natural remedy, we are going to see results that last.

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